

## Salve Regina

**From Evening Prayer on the eve of Trinity Sunday, up to and including None of the Saturday before Advent.**

Salve, Regina, Mater misericordiae,  
vita, dulcedo, et spes nostra, salve.  
Ad te clamamus exsules filii Hevæ,  
Ad te suspiramus, gementes et  
[flentes  
in hac lacrimarum valle.  
Eia, ergo, advocata nostra,  
illos tuos misericordes oculos  
[ad nos converte;  
Et Jesum, benedictum fructum  
[ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia,  
O dulcis Virgo Maria.

Ora pro nobis, sancta Dei Genetrix,  
**Ut digni efficiamur**  
**[promissionibus Christi.**

Oremus.  
Omnipotens sempiterne Deus,  
qui gloriosæ Virginis Matris  
Mariæ corpus et animam, ut  
dignum Filii tui habitaculum  
effici mereretur, Spiritu Sancto  
cooperante præparasti: da, ut cuius  
commemoratione lætatur; eius  
pia intercessione, ab instantibus  
malis, et a morte perpetua  
liberemur. Per eundem Christum  
Dominum nostrum. **Amen.**

Hail, holy Queen, Mother of mercy,  
hail our life, our sweetness, and  
[our hope.  
To thee do we cry, poor banished  
[children of Eve;  
to thee do we send up our sighs,  
mourning and weeping in this vale  
[of tears.  
Turn then, most gracious advocate,  
thine eyes of mercy towards us,  
and after this our exile  
show to us the blessed fruit of thy  
[womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

Pray for us, O holy Mother of God.  
**That we may be made worthy of**  
**[the promises of Christ.**

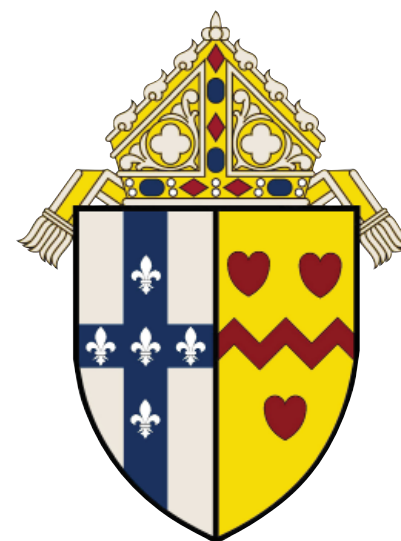
Let us pray.  
Almighty, everlasting God, who  
by the cooperation of the Holy  
Spirit, didst prepare the body and  
soul of the glorious Virgin Mother  
Mary to become a worthy dwelling  
for thy Son; grant that we who  
rejoice in her commemoration  
may, by her loving intercession, be  
delivered from present evils and  
from eternal death; through the  
same Christ our Lord. **Amen.**

✠ May the divine assistance remain with us always. **Amen.**



The Personal Ordinariate  
of Our Lady of Walsingham

## Divine Worship: The Office of Compline



**The Office of Compline is said at the conclusion of the day,  
before retiring for bed.**

**It is appropriately said by those not bound  
by the recitation of the Office  
as a shorter form of prayer for the evening.**

# Divine Worship - Compline

The Officiant shall say:

✠ The Lord almighty  
grant us a quiet night and a perfect end. **Amen.**

Brethren, be sober, be vigilant;  
because your adversary the devil, as a roaring lion,  
walketh about, seeking whom he may devour:  
Whom resist, steadfast in the faith.  
But thou, O Lord, have mercy upon us.  
**Thanks be to God.**

✠ O God, make speed to save us.  
**O Lord, make haste to help us.**

Glory be to the Father, and to the Son : and to the Holy Ghost;  
**As it was in the beginning, is now, and ever shall be :  
world without end. Amen.**

Praise ye the Lord.  
**The Lord's Name be praised.**

**One or more of the following Psalmody is said.**

**Note: A short pause is kept at the end of a line with a \*.**

## Psalm 4

*Cum invocarem*

**H**EAR me when I call, O God of my righteousness: \*  
thou hast set me at liberty when I was in trouble;  
have mercy upon me, and hearken unto my prayer.

**2 O ye sons of men, how long will ye blaspheme mine honour: \*  
and have such pleasure in vanity, and seek after leasing?**

**3 Know this also, that the Lord hath chosen to himself  
the man that is godly: \*  
when I call upon the Lord, he will hear me.**

**4 Stand in awe, and sin not: \*  
commune with your own heart, and in your chamber, and be still.**

**5 Offer the sacrifice of righteousness: \*  
and put your trust in the Lord.**

**6 There be many that say: \*  
Who will shew us any good?**

**7 Lord, lift thou up: \*  
the light of thy countenance upon us.**

# Regina Caeli

**From Compline of Holy Saturday, up to and including  
None on the Saturday in Whitsun Week.**

Regina caeli, laetare, alleluia;  
Quia quem meruisti portare,  
[alleluia,  
Resurrexit, sicut dixit, alleluia:  
Ora pro nobis Deum, alleluia.

Gaude et laetare, Virgo Maria,  
[alleluia.  
**Quia surrexit Dominus vere,**  
[alleluia.

Oremus.  
Deus, qui per resurrectionem Filii  
tui Domini nostri Iesu Christi,  
mundum laetificare dignatus es:  
praesta, quaesumus, ut, per eius  
Genetricem Virginem Mariam,  
perpetuae capiamus gaudia vitae.  
Per Christum eundem Dominum  
nostrum. **Amen.**

Joy to thee, O Queen of heaven,  
[alleluia;  
He whom thou wast meet to bear,  
[alleluia;  
As he promised hath arisen,  
[alleluia!  
Pour for us to God thy prayer,  
[alleluia!  
Rejoice and be glad, O Virgin  
[Mary, alleluia.  
**For the Lord is risen indeed,**  
[alleluia.

Let us pray.  
O God, who, by the Resurrection  
of thy Son, our Lord Jesus Christ,  
hast brought joy to the world:  
grant we beseech thee, that,  
through his Mother the Virgin  
Mary, we may obtain the joys of  
everlasting life; through the same  
Christ our Lord. **Amen.**

✠ May the divine assistance remain with us always. **Amen.**



Orémus  
Deus, qui salútis aetérnæ beátæ  
Maríæ virginitáte fecúnda humáno  
géneri práemia præstitísti: tríbue,  
quáesumus, ut ipsam pro nobis  
intercédere sentiámus, per quam  
merúimus, Auctórem vitæ suscípere  
Dóminum nostrum Jesum  
Christum Fílium tuum. **Amen.**

Let us pray.  
O God, who, by the fruitful virginity  
of blessed Mary, hast bestowed  
upon mankind the reward of eternal  
salvation: grant, we beseech thee, that  
we may experience her intercession,  
through whom we have been made  
worthy to receive the Author of life;  
our Lord Jesus Christ, thy Son. **Amen.**

✠ May the divine assistance remain with us always. **Amen.**



## Ave Regina Caelorum

**From Morning Prayer on 3rd February, up to and including  
Compline on the Wednesday in Holy Week.**

Ave, Regina caelorum,  
Ave, Domina Angelorum:  
Salve, radix, salve, porta  
Ex qua mundo lux est orta:  
Gaude, Virgo gloriosa,  
Super omnes speciosa,  
Vale, o valde decora,  
Et pro nobis Christum exora.

Hail, O Queen of Heaven enthroned.  
Hail, by Angels Mistress owned!  
Root of Jesse, Gate of Morn,  
Whence the world's true Light was  
[born.  
Glorious Virgin, joy to thee,  
Loveliest whom in heaven they see,  
Fairest thou, where all are fair!  
Plead with Christ our sins to spare.

Dignare me laudare te, Virgo  
[sacrata.  
**Da mihi virtutem contra hostes**  
[tuos.

Grant that I may praise thee,  
[sacred Virgin:  
**Give me strength against thine**  
[enemies.

Oremus.  
Concede, misericors Deus,  
fragilitati nostrae praesidium;  
ut, qui sanctae Dei Genetricis  
memoriam agimus; intercessionis  
eius auxilio, a nostris iniquitatibus  
resurgamus. Per eundem Christum  
Dominum nostrum. **Amen.**

Let us pray.  
Grant us protection in our  
weakness, O merciful God, that  
we who commemorate the holy  
Mother of God may triumph over  
our iniquities with the help of her  
intercession; through Christ our  
Lord. **Amen.**

✠ May the divine assistance remain with us always. **Amen.**



**8 Thou hast put gladness in my heart: \*  
since the time that their corn, and wine, and oil increased.**

9 I will lay me down in peace, and take my rest: \*  
for it is thou, Lord, only, that makest me dwell in safety.

**Glory be to the Father, and to the Son: \* and to the Holy Ghost.**

As it was in the beginning, is now, and ever shall be: \*  
world without end. **Amen.**

## Psalm 31:1-6

*In te, Domine, speravi*

**I**N THEE, O Lord, have I put my trust: \*  
let me never be put to confusion, deliver me in thy righteousness.

**2 Bow down thine ear to me: \*  
make haste to deliver me.**

3 And be thou my strong rock, and house of defence: \*  
that thou mayest save me.

**4 For thou art my strong rock, and my castle: \*  
be thou also my guide, and lead me for thy name's sake.**

5 Draw me out of the net, that they have laid privily for me: \*  
for thou art my strength.

**6 Into thy hands I commend my spirit: \*  
for thou hast redeemed me, O Lord, thou God of truth.**

Glory be to the Father, and to the Son: \* and to the Holy Ghost.  
**As it was in the beginning, is now, and ever shall be: \*  
world without end. Amen.**

## Psalm 91

*Qui habitat*

**W**HOSO dwelleth under the defence of the Most High: \*  
shall abide under the shadow of the almighty.

**2 I will say unto the Lord, Thou art my hope, and my stronghold: \*  
my God, in him will I trust.**

3 For he shall deliver thee from the snare of the hunter: \*  
and from the noisome pestilence.

**4 He shall defend thee under his wings,  
and thou shalt be safe under his feathers: \*  
his faithfulness and truth shall be thy shield and buckler.**

5 Thou shalt not be afraid for any terror by night: \*  
nor for the arrow that flieth by day;

**6 For the pestilence that walketh in darkness: \*  
nor for the sickness that destroyeth in the noonday.**

- 7 A thousand shall fall beside thee,  
and ten thousand at thy right hand: \*  
but it shall not come nigh thee.
- 8 **Yea, with thine eyes shalt thou behold: \*  
and see the reward of the ungodly.**
- 9 For thou, Lord, art my hope: \*  
thou hast set thine house of defence very high.
- 10 **There shall no evil happen unto thee: \*  
neither shall any plague come nigh thy dwelling.**
- 11 For he shall give his Angels charge over thee: \*  
to keep thee in all thy ways.
- 12 **They shall bear thee in their hands: \*  
that thou hurt not thy foot against a stone.**
- 13 Thou shalt go upon the lion and adder: \*  
the young lion and the dragon shalt thou tread under thy feet.
- 14 **Because he hath set his love upon me,  
therefore will I deliver him: \*  
I will set him up, because he hath known my name.**
- 15 He shall call upon me, and I will hear him: \*  
yea, I am with him in trouble; I will deliver him,  
and bring him to honour.
- 16 **With long life will I satisfy him: \*  
and shew him my salvation.**  
Glory be to the Father, and to the Son: \* and to the Holy Ghost.  
**As it was in the beginning, is now, and ever shall be: \*  
world without end. Amen.**

*Ecce nunc*

## Psalm 134

- B**EHOLD now, praise the Lord: \*  
all ye servants of the Lord;
- 2 **Ye that by night stand in the house of the Lord: \*  
even in the courts of the house of our God.**
- 3 Lift up your hands in the sanctuary: \* and praise the Lord.
- 4 **The Lord that made heaven and earth: \*  
give thee blessing out of Sion.**  
Glory be to the Father, and to the Son: \* and to the Holy Ghost.  
**As it was in the beginning, is now, and ever shall be: \*  
world without end. Amen.**

# Anthems of the Blessed Virgin Mary

## Alma Redemptoris Mater

**From Evening Prayer on the eve of the First Sunday of Advent,  
up to and including Compline of Candlemas.**

Alma Redemptóris Mater, quæ pérvia cæli Porta manes, et stella maris, succúrre cadénti, Súrgere qui curat pópulo: tu quæ genuísti, Natúra miránte, tuum sanctum Genitórem Virgo prius ac postérius, Gabriélis ab ore Sumens illud Ave, peccatórum miserére	Mother of Christ! hear thou thy people's cry, Star of the deep, and portal of the sky! Mother of him who thee from nothing made, Sinking we strive, and call to thee for aid; Oh, by that joy which Gabriel brought to thee, Thou Virgin first and last, let us thy mercy see.
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**From Evening Prayer on the eve of the First Sunday of Advent,  
up to and including None on Christmas Eve,  
this Versicle, Response, and Collect, is used:**

Ángelus Dómini nuntiávit Mariæ <b>Et concépit de Spíritu Sancto.</b>  Oremus Grátiam tuam quæsumus, Dómine, méntibus nostris infúnde; ut qui, Angelo nuntiánte, Christi Fílii tui Incarnatiónem cognóvimus, per Passiónem ejus et Crucem, ad resurrectiós glóriam perducámur. Per eúndem Christum Dóminum nostrum. <b>Amen.</b>	The Angel of the Lord declared [unto Mary: <b>And she conceived by the Holy</b> [Ghost.  Let us pray. We beseech thee, O Lord, pour thy grace into our hearts: that, as we have known the Incarnation of thy Son Jesus Christ by the message of an Angel, so by his Cross and Passion we may be brought to the glory of his Resurrection; through the same Christ our Lord. <b>Amen.</b>
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✠ May the divine assistance remain with us always. **Amen.**

**From Evening Prayer on Christmas Eve, up to and including Compline  
on Candlemas, this Versicle, Response, and Collect, is used:**

Post Partum Virgo invioláta [permansísti. <b>Dei Génitrix, intercède pro nobis.</b>	After childbirth thou didst remain [a pure Virgin: <b>Mother of God, intercede for us.</b>
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Vouchsafe, O Lord, to keep us this night without sin.

**O Lord, have mercy upon us, have mercy upon us.**

O Lord, hear my prayer;

**And let my cry come unto thee.**

**Let us pray.**

**Then shall one or more of the following Collects be said**

**V**ISIT, we beseech thee, O Lord, our homes,  
and drive from them all the snares of the enemy.

Let thy holy Angels dwell therein to preserve us in peace;  
and may thy blessing be upon us evermore;  
through Jesus Christ our Lord. **Amen.**

**O**LORD Jesus Christ, son of the living God,  
who at this evening hour didst rest in the sepulchre,  
and didst thereby sanctify the grave to be a bed of hope to thy people:  
make us so to abound in sorrow for our sins,  
which were the cause of thy passion,  
that when our bodies lie in the dust, our souls may live with thee;  
who livest and reignest with the Father and the Holy Spirit,  
one God, world without end. **Amen.**

**L**OOK down, O Lord, from thy heavenly throne,  
illuminate the darkness of this night with thy celestial brightness,  
and from the sons of light banish the deeds of darkness;  
through Jesus Christ our Lord. **Amen.**

**B**E present, O merciful God,  
and protect us through the silent hours of this night,  
so that we who are wearied by the changes and chances of this fleeting world,  
may repose upon thy eternal changelessness;  
through Jesus Christ our Lord. **Amen.**

**L**IGHTEN our darkness, we beseech thee, O Lord;  
and by thy great mercy defend us  
from all perils and dangers of this night;  
for the love of thy only Son, our Saviour, Jesus Christ. **Amen.**

We will lay us down in peace and take our rest.

**For it is thou, Lord, only that makest us dwell in safety.**

The Lord be with you. **And with thy spirit.**

Let us bless the Lord. **Thanks be to God.**

**Here the Anthem of the Blessed Virgin Mary appointed to the season  
is said together with its Versicle, Response, and Collect.**

**Then the Chapter, taken from one of these portions of Scripture, is said:**

**T**HOU, O Lord, art in the midst of us, and we are called by thy name;  
leave us not, O Lord our God. *Jeremiah 14:9*

Come unto me, all ye that labour and are heavy laden, and I will give  
you rest. Take my yoke upon you, and learn of me; for I am meek and  
lowly in heart: and ye shall find rest unto your souls. For my yoke is  
easy, and my burden is light. *Matthew 11:28-30*

Now the God of peace, that brought again from the dead our Lord  
Jesus, that great shepherd of the sheep, through the blood of the  
everlasting covenant, make you perfect in every good work to do his  
will, working in you that which is well-pleasing in his sight; through  
Jesus Christ, to whom be glory for ever and ever. **Amen.**

*Hebrews 13:20-21*

**The following responsory is said**

Into thy hands, O Lord, I commend my spirit.

**Into thy hands, O Lord, I commend my spirit**

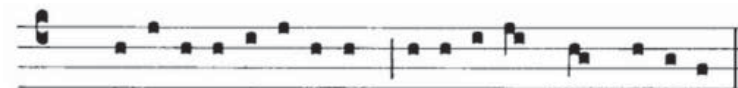
For thou hast redeemed me, O Lord, thou God of truth.

**I commend my spirit.**

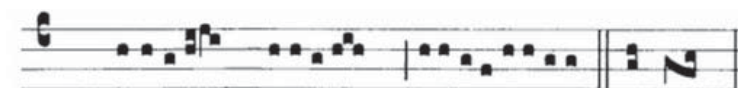
Glory be to the Father, and to the Son, and to the Holy Ghost.

**Into thy hands, O Lord, I commend my spirit.**

**The following, or another suitable Hymn is said:**



- 1 Before the ending of the day, Creator of the world we pray,
- 2 From all ill dreams defend our eyes, From nightly fears and fantasies;
- 3 O Father, that we ask be done, Through Jesus Christ, thine only



- 1 That with thy wonted favour thou, Wouldst be our guard and keeper  
[now.
- 2 Tread underfoot our Ghostly foe, That no pollution we may know.
- 3 Who, with the Holy Ghost and thee, Doth live and reign eternally.

[Amen.]

Keep me as the apple of an eye.

**Hide me under the shadow of thy wings.**

The following Antiphon and Canticle is said:

**Antiphon** Preserve us, \* O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ,  
and asleep we may rest in peace.

**L**ORD, ✠ now lettest thou thy servant depart in peace: \*  
according to thy word.

2 For mine eyes have seen: \*  
thy salvation;

3 Which thou hast prepared: \* before the face of all people;

4 To be a light to lighten the Gentiles: \*  
and to be the glory of thy people Israel.

Glory be to the Father, and to the Son: \* and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be: \*  
world without end. Amen.

**Antiphon** Preserve us, \* O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ,  
and asleep we may rest in peace.

Then the Apostles' Creed shall be said.

**I**BELIEVE in God the Father Almighty,  
Maker of heaven and earth:  
and in Jesus Christ his only Son our Lord,  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried:  
he descended into hell;  
the third day he rose again from the dead;  
he ascended into heaven,  
and sitteth on the right hand of God the Father Almighty,  
from thence he shall come to judge the quick and the dead,  
I believe in the Holy Ghost,  
the holy Catholic Church;  
the Communion of Saints;  
the Forgiveness of sins;  
the ✠ Resurrection of the body;  
and the life everlasting. Amen.

Then the following is said:

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

**O**UR Father, who art in heaven, hallowed be thy name;  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation; but deliver us from evil. Amen.

Blessed art thou, Lord God of our fathers:

To be praised and glorified above all for ever.

Let us bless the Father, the Son, and the Holy Spirit;

Let us praise him and magnify him for ever.

Blessed art thou, O Lord, in the firmament of heaven;

To be praised and glorified above all for ever.

✠ The Almighty and most merciful Lord  
guard us and give us his blessing. Amen.

Then the Officiant and People shall say together the Confession:

**I**CONFESS to Almighty God, to Blessed Mary ever Virgin,  
to Blessed Michael the Archangel, to Blessed John the Baptist,  
to the holy Apostles Peter and Paul, to all the Saints,  
and to you, brethren,  
that I have sinned exceedingly in thought, word, and deed,  
*[they strike their breast thrice]* by my fault, by my own fault,  
by my own most grievous fault  
Wherefore I beg Blessed Mary ever-Virgin,  
Blessed Michael the Archangel, Blessed John the Baptist,  
the holy Apostles Peter and Paul, all the Angels and Saints,  
and you my brethren, to pray for me to the Lord our God.

May Almighty God have mercy upon us,  
forgive us our sins, and bring us to everlasting life. Amen.

The almighty and merciful Lord grant unto us pardon,  
absolution, and remission of our sins. Amen.

Wilt thou not turn again and quicken us, O God?

That thy people may rejoice in thee.

O Lord, show thy mercy upon us.

And grant us thy salvation.